

## Overnight at Meadowbrook Farm Packing List

- sleeping bag
- sleeping mat or pad
- pillow
- backpack or duffel
- personal toiletries
  - toothbrush
  - toothpaste
  - any personal medications
- pajamas
- sleeping buddy/bear/other
- flashlight
- warm layers
- jacket
- raincoat
- walking shoes/rainboots
- waterbottle

## Other Considerations

- Contribution to group food
- Trail snacks
- Supplies for any projects
- Notebook/journal/sketchbook
- Binoculars
- Compass
- Camera
- Songbook
- Tents if sleeping outside
- Firewood/charcoal/matches if planning fire